

# GULF DEFENDER



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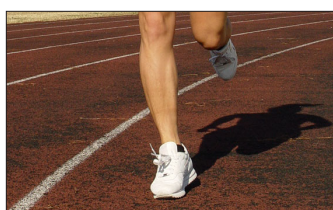
## What's inside



**Two Tyndall members receive \$10,000 for "cool" idea**  
... Page 6



**Back to basics - rendering the proper salute**  
... Page 11



**Tyndall running club gets on AF Marathon path**  
... Page 13

## Also Inside

- 2nd FS gobbles up Turkey Shoot top prize  
... Page 3

- Air Force bans Andro supplement  
... Page 4

- AETC implements 'home alone' policy for children staying on AF bases  
... Page 5



2nd Lt. William Powell

## First flight ...

Senior Airman Damon Beher, 2nd Aircraft Maintenance Unit crew chief, prepares Capt. Brad Orgeron, 2nd Fighter Squadron B-Course student pilot, and Capt. Lendy Renegar, a 2nd FS instructor pilot, for an early morning flight here Monday. The pilots flew one of the first sorties of the new year. For more information on B-Course students and other Tyndall training courses, see pages 8-9.

## Tyndall helps natural disaster relief fund

**AIRMAN 1ST CLASS SARAH MCDOWELL**  
325th Fighter Wing Public Affairs

Tyndall Airmen eager to assist with relief efforts from the tsunami that killed more than 140,000 people in South Asia will get their chance to help, starting Monday.

President George Bush recently urged Americans to donate money to the aid organizations working the problem so supplies can be bought in the region, rather than shipping them halfway around the world, and the 325th Fighter Wing will conduct a special solicitation to help in the effort.

"The base will consolidate all funds collected and present them to one relief organization on behalf of the entire base," said Tech. Sgt. Brian Hoppe, 325th Fighter Wing historian, and main point of contact for the tsunami relief fund.

"People can donate through our effort

on base, or they can choose to donate privately to the organization of their choice," he said. "Donations can be made either to any keyworker or people can stop by my office in Bldg. 662, Room 154."

Donations must be in the form of cash or check, because payroll deduction is not an option for this campaign.

Since the recent disaster, the Air Mobility Command has received many phone calls from people inquiring how they may get supplies to the affected countries via AMC aircraft.

"We cannot simply put goods on an AMC aircraft and move them for free, even when the aircraft may have room and may be going in the right direction," said Col. Dave Thurston, AMC director of public affairs. "It takes very specific authorization at Department of Defense level."

Instead of calling AMC bases, he encourages Airmen to visit the US AID Web site at

www.usaid.gov, or they can donate to organizations, such as Tyndall's special solicitation, to provide the most sensible and expedient goods.

"This is a unique effort for people to help those who have lost everything," Sergeant Hoppe said. "Florida residents know first hand the damage that nature can cause, but the destruction from the earthquake and tsunami is beyond imagination. Every donation, no matter how large or small, will help those in dire need."

"Our thoughts and prayers go out to the victims and families affected by the natural disaster," said Brig. Gen. Jack Egginton, 325th Fighter Wing commander. "I encourage everyone to give what they can to help the people in the affected region."

For more information, call Sergeant Hoppe at 283-2874.

# 2005 brings excitement, challenge to Tyndall

**BRIG. GEN. JACK EGGINTON**  
325th Fighter Wing commander

Happy New Year and welcome back! I hope everyone enjoyed a safe and happy holiday. I want to extend my personal thanks to each of you for being great wingmen and taking care of each other. We had no major incidents during the holidays. Thanks!

With 2004 behind us it's time to start looking ahead, as this year will definitely be busy. The wing held a Safety Day Monday to provide every office an opportunity to focus on operational risk management issues that could potentially affect their respective duties. The wing's senior leadership and I discussed your inputs at the end of the day. We identified some of these ideas for immediate implementation around the base. You will be seeing the results of voicing your concerns over the next few weeks and the Gulf Defender staff will be highlighting some of these projects in the coming weeks.

Currently, we are focusing on ensuring those who are deploying or are preparing to deploy are trained and ready for combat operations. As I said during the Warrior Farewell, we

appreciate what you and your families do for our great nation. Deployments require great sacrifice not only by our Airmen, but also the family members they leave behind. We must therefore make it our priority to ensure that their families will be taken care of throughout our AEF. We owe it to our Airmen, their loved ones, and to our own Team Tyndall family. Supporting the Global War on Terrorism is crucial to our lives as free citizens in America.

Beyond fulfilling our commitment to the Air Expeditionary Force we also have an open house and an Operational Readiness Inspection to prepare for and look forward to.

The dates for this year's Gulf Coast Salute are May 14-15, and this year's featured performers are the Canadian Snowbirds aerial demonstration team. The Salute will also include a host of other aerial demonstrations and static displays. Each year Tyndall puts on an amazing show designed to educate and thank our outstanding community partners ... I know this year will be no different.

In June, Air Education and Training Command inspectors will evaluate the 325th

Fighter Wing's ability to support the Air Force mission. Many of you have been through an ORI before. In fact, I'm sure some of you were stationed here during the last one in 2003. As such, you're probably quite familiar with what the inspectors will be looking at, but for those of you who are have not been through an ORI here or anywhere else ... now is the time to start putting the polish on everything you do. Those who have experience help your junior Airmen understand their roles in the inspection process.

Later this month, we will kick off the first of several exercises aimed at identifying areas that need improvement. I urge everyone to take the exercises seriously and take a hard look at your processes and programs and make corrections where needed. The wing fared extremely well in 2003, and with the talent, expertise, and dedication I've seen during my first six months here, the AETC IG is going to see the best they've ever seen — right here at Tyndall ... because the 325th FW TRAINS AMERICA'S AIR DOMINANCE FORCE better than anybody else!

## Action Line

The Action Line is your direct line to me. It is one way to make Tyndall a better place to work and live.

Action Line calls are recorded and staffed through the proper agency.

The goal is to provide you with an accurate, timely response. You must leave your name, phone number or address to receive a response.

Questions or comments of general interest will be published in this forum. This avenue should only be used after coordinating problems or concerns with supervisors, commanders, first sergeants or facility managers.

If you're not satisfied with the response or you are unable to resolve the problem, call me at 283-2255.

For fraud, waste and abuse calls, you should talk to the 325th Fighter Wing Inspector General's Office, 283-4646.

Calls concerning energy abuse should be referred to the energy hot line, 283-3995.



**BRIG. GEN. JACK EGGINTON**  
325th Fighter Wing commander

# Captain explains a mind is a terrible thing to waste

**CAPT. KRIS ZHEA**  
305th Security Forces Squadron

**MCGUIRE AIR FORCE BASE, N.J. (AFPN)** — Each year thousands of people make New Year's resolutions to improve their life in some way. Usually the resolutions end up being forgotten about, laughed at or buried under numerous excuses as to why they weren't attained.

This year make a resolution to get smart. Get smart, you say? Yes! Get smart! It is painless and requires no money, no long lines and no holiday return hassles. In fact, getting smarter will actually pay you!

What I mean is, make a resolution to take advantage of the education benefits afforded to you in the military. Currently, the military Tuition Assistance Program is paying tuition costs and mandatory fees for up to a maximum of \$250 per semester hour, or \$750 per three-hour course. The current program includes a \$4,500-per-year tuition assistance ceiling. This program is commonly referred to as 100 percent TA.

Personally, over the past 14 months I have used this program to pay for more than \$16,500 worth of graduate level instruction. That's a nice down payment on a new car! Or, put another way, that's 1,375

new CDs at \$12 a piece.

In that time all I have paid for was books.

Have you ever heard the expression "The value of a book is measured in degrees"? Here's where this new resolution, getting smarter, will pay you back.

According a U.S. Census Bureau report the mean income in 2002 for a person with a high school diploma was \$27,280. Compare this to mean incomes of someone with some college or an associate's degree, \$31,046; someone with a bachelor's degree, \$51,194; or someone with an advanced degree, \$72,824.

The message is clear, the more educated you are the greater your earning power is. This is true in the military, too. Having your education will help you get promoted, get commissioned or get that dream assignment you always wanted.

There is an old recruiting slogan that states, "Nine out of 10 employers are looking for people with skills the military teaches". The future job market looks bright for us in the military, but it won't be that bright without your Community College of the Air Force, associate's, bachelor's or master's degree to go along with all those skills you gained while serving in the military.

ANONYMOUS. DEPENDABLE. FREE RIDE.

a.a.d.d.

FRIDAY & SATURDAY 5:00PM - 5:00AM  
AIRMAN AGAINST DRUNK DRIVING  
867-AADD(2233)

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The deadline for article submissions to the *Gulf Defender* is 4 p.m. Friday, prior to the week of publication unless otherwise noted. Articles must be typed and double-spaced, preferably on a 3.5-inch disc. Stories should be submitted directly to the public affairs office, Building 662, Room 129 or mailed to: 325 FW/PAI, 445 Suwannee Ave., Tyndall AFB, FL, 32403-5425 or e-mailed to [editor@tyndall.af.mil](mailto:editor@tyndall.af.mil). Public affairs staff members edit all material for accuracy, brevity, clarity, conformity to regulations and journalistic style. The delivery of the *Gulf Defender* to Tyndall base housing sections is provided by the *Panama City News Herald*.

For more information, or to advertise in the newspaper, call (850) 747-5000.



# 2nd FS, AMU gobble top prize at Turkey Shoot

**SENIOR AIRMAN BENJAMIN ROJEK**  
325th Fighter Wing Public Affairs

The Gold Team took top prize at the Turkey Shoot ceremony held in Hangar 2 here recently.

"We have a Turkey Shoot twice a year to showcase the skill and teamwork each organization has in accomplishing the mission," said Capt. Derek Sawser, 325th Operation Support Squadron chief of F-15 Eagle wing weapons and Turkey Shoot awards master of ceremonies. "Competitive scenarios motivate every Airman to strive for excellence and contribute to the team in achieving Air Dominance."

The Gold Team, made up of the 2nd Fighter Squadron and the 2nd Aircraft Maintenance Unit, had the best overall combined performance between fighter squadron, aircraft maintenance unit and air control squadron.

"This was very exciting," said Lt. Col. Greg Riemens-Van Laare, 2nd FS com-

mander. "It was the combined efforts of all team members that allowed us to win this award."

Other awards included the Top AMU, captured by the 1st AMU, and the Top Fighter Squadron, presented to the 2nd FS.



**"Competitive scenarios motivate every Airman to strive for excellence and contribute to the team in achieving Air Dominance."**

**CAPT. DEREK SAWSER**

325th Operation Support Squadron F-15 wing chief of weapons and Turkey Shoot awards master of ceremonies

The Turkey Shoot tests the skills and teamwork of not only the fighter pilots and AMUs, but also of intelligence Airmen and air controllers.

"In the competition planned for April 2005," said Captain Sawser, "we will include the whole wing in

the competition – every group on base. Each group will compete in different scenarios that test their skills in their given career field."

"We need to train like we fight," added Maj. Thomas Shank, 325th OSS chief of wing weapons. "Well, the Turkey Shoot is the fight. This is training through competition and competition breeds a good warrior."

## 325th CS named best in AETC

**2ND LT. WILLIAM POWELL**  
325th Fighter Wing Public Affairs

The 325th Communications Squadron and five squadron members recently earned top honors in Air Education and Training Command's annual awards program.

The squadron won the Maintenance Effectiveness Award for the Communications-Electronics Large Unit category, and the Lt. Gen. Leo Marquez Award was awarded to Capt. Tammy Dunnivant, Mission Systems Flight commander, Senior Master Sgt. Matthew Needham, Mission Systems Flight superintendent, Staff Sgt. Christopher Laviolette, ground radio communications journeyman, Jon McGuire, commercial communication manager and Harold Bostian, telephone systems technician.

"The squadron submitted individuals for six categories and five of them won," said Lt. Col. Curtis Frost, 325th CS commander. "It was a virtual sweep of the AETC General Marquez awards. They were selected for demonstrating excellence in communications systems maintenance during last year."

According to Chief Master Sgt. Ralph Brock, 325th CS chief en-

listed manager, the General Marquez award recognizes individuals and organizations for their efforts in enhancing maintenance readiness and efficiency and reducing waste.

The maintenance effectiveness award recognizes the best communications-electronics maintenance unit in the small, medium and large categories.

"This year, the squadron maximized the uptime of communication and electronic mission systems to allow our planes to fly rain or shine," Chief Brock said. "I think that helped us win."

The unit last won the maintenance effectiveness award in 1999, and Col. Martin Sayles, 325th Mission Support Group commander, said the squadron deserved it again this year.

"This is an awesome achievement and earned through outstanding leadership from our most precious resource – the military and civilian professionals of the 325th CS," said Colonel Sayles. "However, it could not have been realized without the superior support of Team Tyndall."

The award winners will now represent AETC at the Air Force level.

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## What is your New Year's resolution?



"To eat healthier and improve my fitness level."

**STAFF SGT. TRACI CHRISTMAN**  
325th FW Legal Office



"To pay off my student loans."

**2ND LT. MICHAEL TALLEY**  
ORI prep team



"Spend more time with my family."

**STAFF SGT. CHRISTOPHER YANNAYON**  
325th Maintenance Squadron Munitions Flight



"Eliminate the craving for a cigarette."

**MASTER SGT. GILES SANCHEZ**  
325th Fighter Wing Command Section

# AF names ‘Andro’ supplement off limits in new year

STAFF SGT. TODD LOPEZ  
Air Force Print News

**WASHINGTON** — Airmen who take androstenedione to increase muscle mass will soon have to ditch the supplement and just do extra repetitions at the gym.

Under a new law that takes effect Jan. 20, the prohormone androstenedione will be classified as a Schedule III controlled substance. Schedule III substances are those defined by the government as having a potential for abuse. The drug, commonly called “andro,” is used by bodybuilders to help build mass, said Col. (Dr.) Vincent Carr, the Air Force’s chief consultant for internal medicine services.

“Andro includes a number of

compounds which altogether are a precursor to the male hormone testosterone,” Dr. Carr said. “Folks take this to bulk up their muscles and increase their ability to weight lift and to gain endurance for their exercise programs.”

Other drugs listed as Schedule III substances include the anesthetic ketamine, called “Special K” by the club-goers who use it, and forms of codeine and morphine.

Once ingested, Dr. Carr said, androstenedione is converted to testosterone. Testosterone is responsible for developing such male characteristics as muscle size and body hair. For androstenedione to create muscle mass, a user must take it in an amount that also causes side ef-

fects that are damaging to his or her health.

“Part of the problem is that if you take large amounts of androstenedione over a long period of time, you have the potential to develop liver disease, liver failure, heart disease, kidney disease and an acceleration of hardening of the arteries,” Dr. Carr said. “For ladies, it may block some of the female hormones, so they may experience symptoms such as male-pattern baldness.”

Because androstenedione creates artificial levels of testosterone in the body, natural production of the hormone can be reduced. Slowing the normal production of testosterone also affects a user’s body.

“A male may find that because

### Expiration date...

*On Jan. 20, androstenedione may no longer be legally purchased. It will also be illegal to use the prohormone, even if it was purchased before then. Use, possession, or distribution of androstenedione after Jan. 20 will be a violation of the Uniform Code of Military Justice.*



he doesn’t have normal testosterone production, his testicles get smaller,” Dr. Carr said.

Use of androstenedione is also known to reduce sperm count in men and to reduce breast size in women. The drug may also have psychological effects.

“One of the biggest problems that gets users into trouble is that aggressive behavior manifests itself,” Dr. Carr said. “They get

into fights, and that could have a major effect on the work environment.”

Androstenedione is found in many bodybuilding supplements that are available in nutrition and fitness stores. But Lt. Col. Ronald Blakely, the staff food and drug safety officer for the Army and Air Force Exchange Service, said the products are no longer available in AAFES stores.

## Air Force News on TV Channel 12

*The following are highlights of this week’s Air Force Television News playing on the Commander’s Access Channel.*

- The C-130 mission - keeping the troops supplied
- Combating stress in the combat zone
- Protecting those inside and outside the bases
- Treating the wounded
- Combat search and rescue
- A Flight Surgeon who is much more than just a Flight Surgeon
- The Warthog’s role in Operation Enduring Freedom
- The humanitarian side of Operation Enduring Freedom

# AETC requires certain age, training to let kids stay home alone

**2ND LT. ERICK SAKS**  
Air Education and Training Command Public Affairs

**RANDOLPH AIR FORCE BASE, Texas (AETCNS)** – Air Education and Training Command officials are restating the Air Force home alone policy, which governs the age at which children can be left unattended in base housing.

Lt. Gen. John Hopper Jr., AETC vice commander, recently reemphasized that command installations should have a home alone policy consistent with Air Force guidance.

“We need to ensure that our bases are at least meeting the minimum age requirements set by the youth supervision guidelines,” he said at a recent AETC Community Action Information Board.

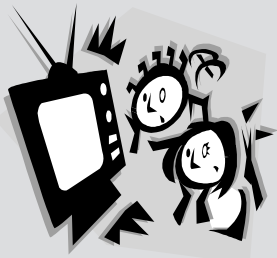
According to the Air Force Youth Supervision Guidelines, children must be at

least 10 years old before they can be left unattended in base housing, but there are further restrictions which apply. Children who are 10 or 11 years old may be left alone for no more than two hours, and they must have completed home alone training and have a phone number for an adult supervisor.

“The home alone course teaches children basic home safety tips such as fire safety, things parents need to do to make

### Staying at home ...

- Children must be at least 10 years old before they can be left unattended in base housing.
- Children who are 10 or 11 years old may be left alone for no more than two hours, and they must have completed home alone training and have a phone number for an adult supervisor.



the home safer for children, and how to respond to phone calls or someone knocking at the door,” said Christine Burnett, AETC Family Matters Branch Chief. “Even though the home alone class is taught to children who are 10 and 11 years old, this is great training for younger children as well.”

“While meeting age and training requirements qualifies a child to be left home

alone, parents must consider that children who do not consistently demonstrate age-appropriate behavior should not be given the same degree of self-management responsibilities,” said Tom Rutschke, AETC Services Community Support Branch Chief.

The youth supervision policy also sets the age standards for a variety of other circumstances on base such as leaving children unattended outside or in a car, and the age at which children can care for siblings and others, Rutschke said. It further states that the policies shall take into consideration applicable laws and ordinances of the states or countries in which they are located.

People who have questions about the home alone policy or the youth supervision policy can contact their base services squadron or division.



# Cool idea leads to cold hard cash

**AIRMAN 1ST CLASS SARAH McDOWELL**  
325th Fighter Wing Public Affairs

Calculating new ideas equaled a big reward for two Tyndall civil engineers recently.

Huey Moore and 2nd Lt. Brian Desautels, 325th Civil Engineer Squadron, share a \$10,000 reward from the Air Force Innovative Development through Employee Awareness program, for saving Tyndall more than \$160,000.

Their idea involved relocating a malfunctioning liquid chiller, which chills water for the air conditioning system, from the basement of the 325th Medical Group's medical facility to a nearby unoccupied building. The new location would provide easier access for maintenance on the chiller and eliminate extra time and labor required to remove two boilers surrounding the old chiller.

"While the cost savings to the government was considerable both now and for years to come, one of the most important aspects of our plan is that this entire project was executed with no interruption of utilities or mission impact for the medical group," said Mr. Moore. "If the original plan (of removing and replacing the

chiller in the old location) had followed, it would have resulted in several days of down time."

When they realized how much impact replacing the chiller was going to have on the clinic's mission, Mr. Moore and Lieutenant Desautels devised many ideas, but one proved most beneficial.

"There was a lot of uncertainty of putting a new chiller into the abandoned building next to the clinic," Lieutenant Desautels said. "After doing some calculations and getting the maintenance personnel to inspect the utilities, we were able to show that this was an option no one had thought about but would work well."

While this idea saved the wing a substantial amount of money and avoided mission interruption, it also benefited the innovators.

"It's just good to know that ideas to minimize our mission impact and avoid future problems are implemented," Lieutenant Desautels said. "Saving the Air Force money is great, since we need to maximize the use of taxpayers' dollars. It is our responsibility as Airmen to always be looking for ideas to save the Air Force money."



Lisa Norman

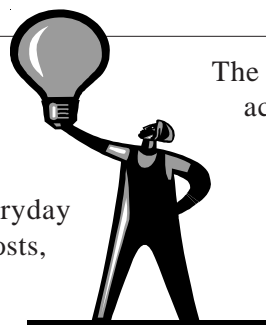
**Second Lt. Brian Desautels and Huey Moore, 325th Civil Engineer Squadron, calculate the time, money and labor it would take to replace a chiller in the basement of the 325th Medical Group's medical facility. The Air Force rewarded their idea with \$5,000 each.**

## A bright idea ...

The Air Force IDEA Program recognizes and rewards good ideas.

The Air Force is always looking for a better way to do its everyday tasks, which may involve streamlining a process, saving purchase costs, improving morale or enhancing safety.

Whether it is something you do every day in the course of your job, or something you only encounter occasionally, looking at a procedure or product with new eyes can reveal possible improvements that may have been overlooked in the past.



The Air Force IDEA Program provides a means to put your ideas into action.

Through the IDEA Program Data System ideas can be submitted and evaluated. Access the program through the web at [ipds.mont.disa.mil/IPDS](http://ipds.mont.disa.mil/IPDS).

Approved ideas from Air Force military members or Air Force federal civilian appropriated fund employees can receive an award up to \$10,000 based on the verified tangible first year savings generated by the idea.

For more information, contact the IDEA Program Manager, Tech. Sgt. Robert Stegemeyer at 283-8277.

## Congratulations to Tyndall's Re-enlistees

**The following Airmen re-enlisted in the month of December:**

Tech. Sgt. Vernon Anderson, 53rd WEG  
Staff Sgt. James Bandy, 1st FS  
Tech. Sgt. Michael Brown, 325th MXS

Staff Sgt. William Cardinal Det. 2, 28th TS  
Staff Sgt. Desiree Conway, 325th CS  
Senior Airman Jessica Dennard, 53rd WEG  
Tech. Sgt. Treacy Dobbins, 325th OSS  
Staff Sgt. James Eckles, 325th AMXS  
Senior Airman Andrew Fillow, 325th MXS  
Staff Sgt. Floyd Gardner, 325th MXS  
Tech. Sgt. Thomas Jones, 325th MDG  
Tech. Sgt. Jamie Jordon, Det. 2, 28th TS  
Master Sgt. Paul Latin, 325th MXS  
Master Sgt. Albert Lewis, 325th MSS  
Staff Sgt. Brian Martin, 325th CS  
Master Sgt. Dallas Mathis, 823rd RHS

Tech. Sgt. Darin McDaniel, 325th AMXS  
Chief Master Sgt. Nancy McHugh, HQ AFCEA  
Senior Airman Tawnie Miller, 325th MDSS  
Senior Airman Janet Plancarte, 325th ACS  
Staff Sgt. Grace Ruiz, 325th ADS  
Staff Sgt. Dustin Schaal, 325th CS  
Tech. Sgt. Michael Smith, TNCOA  
Staff Sgt. Roger Stewart, 16th EWS  
Staff Sgt. James Thompson, 325th MSS  
Staff Sgt. Mario Trujillo, 325th AMXS  
Staff Sgt. June White, 325th MDSS  
Staff Sgt. Eric Williams, 325th MDSS  
Staff Sgt. Christopher Yannayon, 325th MXS

# Checkertail Salute

Tech. Sgt. Beverly Dykstra



Lisa Norman

**Sergeant Dykstra receives the Checkertail Salute Warrior of the Week award from Brig. Gen. Jack Egginton, 325th Fighter Wing commander.**

The Checkertail Clan salutes Sergeant Dykstra, who implemented the 325th Aircraft Maintenance Squadron’s deployment program. She has trained and deployed seven members for third country national escort duty for short tasking and 27 others for regular tasking in 60 days. She orchestrated 23 deployments for a 900-member squadron and managed more than 50 tons of equipment helping produce 4,500 flying hours of valuable pilot training.

**Duty title:** 325th Aircraft Maintenance Squadron unit deployment manager  
**Time on station:** Seven years  
**Hometown:** Springfield, Ohio  
**Hobbies:** Horses and outdoor activities  
**Goals:** Make master sergeant and complete degree  
**Favorite book:** The Harry Potter series  
**Favorite movie:** Any Sean Connery movie  
**Favorite thing about Tyndall:** Weather and location  
**Pet peeves:** Incompetence because of lack of effort, not lack of training  
**Proudest moment in the military:** The many times my supervisors have told me I’m doing an outstanding job

*The Checkertail Salute is a 325th Fighter Wing commander program designed to recognize Tyndall’s Warrior of the Week. Supervisors can nominate individuals via their squadron and group commanders. Award recipients receive a certificate, letter from the commander and a one-day pass.*



# The 325th Fighter Wing is the home to Air Dominance training for the ... Training the World's Best Air Dom



2nd Lt. William Powell

**Top:** Captain Mark Rodemoyer, 2nd Fighter Squadron Basic Course student, completes a pre-flight checklist before his third flight in the transitioning ride training phase as Maj. Norm Summers, 2nd FS Instructor Pilot, observes. B-Course students learn F-15 Eagle-specific training here after graduating from Undergraduate Pilot Training. Excluding the 43rd FS, each Tyndall flying squadron trains Eagle pilots. An average class size consists of four to eight students, each completing 125 training days before graduating.

**Right:** Airman Justin Woelfel, Airman 1st Class Dillon Rodriguez, and Airman Heather James, all 372nd Training Squadron/Det. 4 Mission Ready Airmen students, listen as Staff Sgt. Mark Isaacs, 372nd TRS/Det. 4 MRA instructor, teaches preflight and basic post flight inspection procedures on the wing of an F-15 Eagle. The aircraft inspections are completed between individual flying days to prepare the jets for flight. The MRA students, who start their training at Sheppard Air Force Base, Texas, complete 20 training days at Tyndall to become F-15 crew chiefs.



Senior Airman Benjamin Rojek

**MASTER SGT. MARY McHALE**  
325th Fighter Wing Public Affairs

While there are a variety of activities taking place at Tyndall each day, the primary mission of the 325th Fighter Wing is training.

From the maintainers who work on the wing's F-15 Eagles and F/A-22 Raptors to the pilots who fly them, and the personnel who control and direct them, the Airmen learn their specialty here.

In fact, Tyndall is the only base in the Air Force where a student crew chief prepares a jet for a student pilot who is then controlled by a student air traffic controller and given direction by a student air battle manager.

That's because Tyndall is the home of Air Dominance Training and the close integration of all the training syllabi produces a synergistic effect on the training.

Six major training courses take place here: F-15 training, or B-Course; F/A-22 instructor and pilot training; air battle manager training; intelligence personnel training, air traffic control officer training and F-15/F/A-22 aircraft maintenance.

In the B-Course and F/A-22 curriculum, students receive formal academic and simulator training to learn about procedures ranging from weapons and tactics to flight patterns, to emergency cockpit and crew procedures that include water survival and ejection techniques.

The 325th Air Control Squadron accomplishes air battle manager training. During a nine-month course, American and international students learn doc





# United States Air Force inance Force

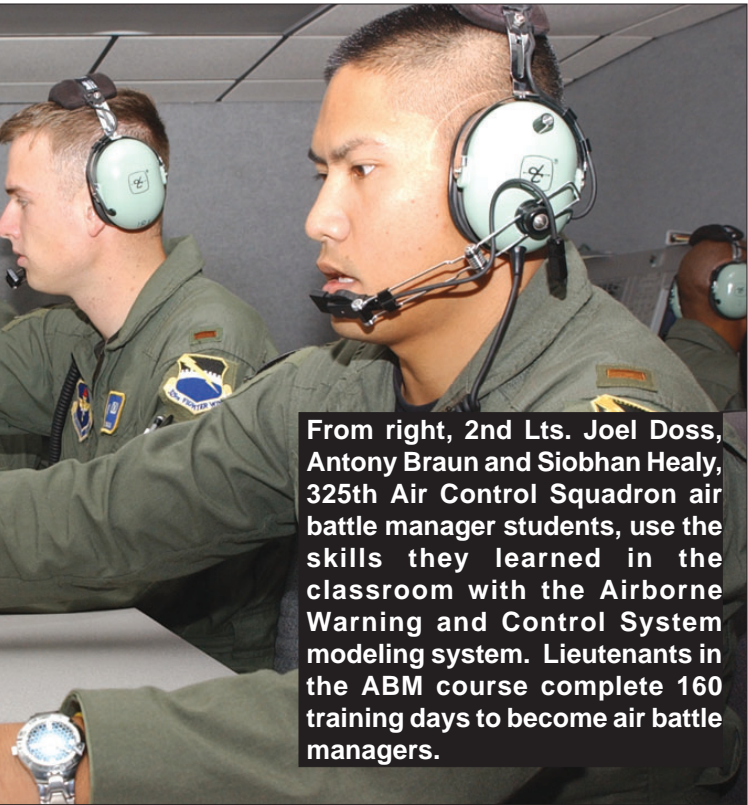
radar theory, surveillance operations and basic fighter control. Essentially, air battle managers relay information to pilots about potential airborne threats. Course graduates then serve as crewmembers on the E-3 Airborne Warning and Control System or the E-8 Joint Surveillance Target Attack Radar System.

The intelligence flight, responsible for all 325th Fighter Wing intelligence activities, provides extensive aircrew/weapons controller academic training and intelligence personnel training. Additionally, this flight directs the F-15C Top Off Intelligence Course. The five-week course is designed to teach intelligence personnel assigned to F-15C units about the unique aspects of supporting the air dominance mission.

The air operations flight distinctively operates one of only three Air Force air traffic control officer upgrade programs, in addition to overseeing the fifth busiest air traffic control complex in Air Education and Training Command. Air traffic control students learn to track and communicate with aircraft to ensure they remain a safe distance from each other.

F-15 and F/A-22 maintainers are trained within the 325th Maintenance Operation Squadron's Mission Ready Airman School. Throughout a series of various courses, maintenance students learn about the aircraft's various systems and how to properly service them pre-, through- and post flight.

Once these students graduate their respective training classes, as 1,293 did in fiscal 04, they each play a key role in continuing Team Tyndall's tradition: training the world's best Air Dominance Force.



From right, 2nd Lts. Joel Doss, Antony Braun and Siobhan Healy, 325th Air Control Squadron air battle manager students, use the skills they learned in the classroom with the Airborne Warning and Control System modeling system. Lieutenants in the ABM course complete 160 training days to become air battle managers.

Senior Airman Benjamin Rojek



2nd Lt. William Powell

2nd Lt. Kristen Dunn, 325th Operations Support Squadron air traffic control student, safely guides an aircraft through Tyndall airspace. Following a 16-week training program at Keesler Air Force Base, Miss., air traffic control officers enter a 10-month training program here. The self-paced students learn proper arrival and departure sequences, air field management and tower supervision duties, and are frequently trained by fully-qualified junior airmen. Approximately 25 students graduate the program each year.



2nd Lt. William Powell

Staff Sgt. Ramon Martinez, 325th Operations Support Squadron Intelligence Flight instructor, demonstrates aircraft maneuvers to a group of enlisted and officer intelligence trainees. Students learn to give threat and tactics briefings to pilots and assist in pilot mission planning. Following a six-month training program at Goodfellow Air Force Base, Texas, students receive four weeks of F-15C Eagle-specific training here. Approximately 40 enlisted and officers graduate the intelligence training program each year here.





Lisa Norman

### Congratulations TAOC class 05002

Congratulations to International Theater Air Operations Course graduates 2nd Lt. Mihael Pavsic, Slovenia, Capt. Wei Hsiung Tan, Singapore; Maj. Ernest Sudhakaran, India; Capt. Sheinsheng Lee, Tiawan; and Lt. Col. Hasan Ejaz, Pakistan. The students completed the three-week course, which culminated with an exercise in which they received a perfect score and completed the 5-plus day exercise in an unprecedented three days.

### Welcome B-Course students Class 2005DBT

The following students start class Jan. 21, and will go through 125 days of F-15 pilot training here.

- 1st Lt. Daniel George
- 2nd Lt. Ryan Graf
- Capt. Andrew Pence
- 2nd Lt. Jerod Rife
- 1st Lt. Daniel Schreurs



### Questions about career options?

Call Senior Master Sgt. Jeffrey Kahapea, 325th Fighter Wing career assistance advisor, for answers to retraining or special duty questions at 283-2222.



CCF

Lisa Norman

### Graduating Air Battle Manager Class 05004

Congratulations to 2nd Lts. Eric Kawaguchi, Mario Pena, John Alden, David Gomez, Miguel Lopez, Rusty Brinkley, David Sandoval, Stephen Evelyn, Thomas Terrel, Robert Desautels, Rocca Angiolelli.



# Wing bids farewell to warriors

**2ND LT. WILLIAM POWELL**  
325th Fighter Wing Public Affairs

More than a hundred Tyndall Airmen and family members gathered recently at the Officers' Club here for a wing-wide Warrior Farewell ceremony.

Brig. Gen. Jack Egginton, 325th Fighter Wing commander, organized the event to bid farewell to the deploying Tyndall members who are supporting the Global War on Terrorism.

"It was Osama Bin Laden's idea to bring the GWOT into our backyards, and it's our turn to take the war 7,000 miles east into their backyard," General Egginton said. "We are keeping them so wrapped up in defending themselves that they don't have the time to be over here."

He added supporting the war is why we deploy and recognized the sacrifices made by military members

and their families. "We appreciate you," he said. "As you go forward, remember that we are here to support you and to take care of your families."

Many Tyndall Airmen will be supporting the elections in Iraq, which is a major step forward in the democratization of Iraq and advancement of freedom within the Middle East, the general said.

"While you're over there, focus on the fight. That will take 100 percent of your attention. Let your people back home do their job and you do your job."

Airman 1st Class Matthew Ritchie, a 325th Contracting Squadron contract specialist, said he will be doing his job for the next four months in the deployed region.

"I'm a little apprehensive and a little anxious to see what it's like over there, but

**"It was Osama Bin Laden's idea to bring the GWOT into our backyards, and it's our turn to take the war 7,000 miles east into their backyard."**

**BRIG. GEN. JACK EGGINTON**  
325th Fighter Wing commander

I'm also excited," Airman Ritchie said. "I tried to get into a position where I could deploy, and I'm looking forward to it.

"I also think this Warrior Farewell is a great idea. It's a good opportunity for people to see they are appreciated, and for the families to see that they will be supported while their loved ones are away. Additionally, the general personally came up and spent a few minutes talking with me, which I appreciated."

## Back to Basics

**When is the proper time and place to render a salute ... and should Airmen render salute in civilian clothes?**

The salute is a courteous exchange of greetings, with the junior member always saluting first. When returning or rendering an individual salute, the head and eyes are turned toward the colors or person saluted. Members of the Armed Forces in uniform exchange salutes under the following conditions according to Air Force Manual 36-2203:

- Outdoors, salutes are exchanged upon recognition between officers and warrant officers and between officers or warrant officers and cadets or enlisted members of the Armed Forces.
- A superior carrying articles in both hands need not return the salute, but he or she should nod in return or verbally acknowledge the salute. If the junior member is carrying articles in both hands, verbal greetings should be exchanged. Also, use these procedures when greeting an officer of a friendly foreign nation.
- Exchange of salutes between military pedestrians (including gate sentries) and officers in moving military vehicles is not mandatory. However, when officer passengers are readily identifiable (for example, officers in appropriately marked vehicles), the salute must be rendered.
- Certain civilians and recognized officers in civilian attire, may be saluted by persons in uniform. The President of the United States, as Commander in Chief of the Armed Forces, is always accorded the honor of a salute. Also, if the exchange of salutes is otherwise appropriate, it is customary for military members in civilian clothes to exchange salutes upon recognition.
- Any airman, NCO, or officer recognizing a need to salute or a need to return one may do so anywhere at any time.

## Briefs

**2005 Tax information**

Military members can view, save and print their W-2 and W2C from myPay effective on or about Jan. 14. Using myPay to obtain the 2004 W2 will allow members to file their 2004 taxes as early as Jan 15. Members who have not received MYPAY access will have their W2s mailed to the LES address on file between Jan. 18 and 28. All W2Cs will be mailed as they are processed as well as being placed on myPay as they are done.

**2004 decals expired**

Vehicle owners who have an expired 2004 DD Form 2220/Department of Defense Vehicle Registration decal have until Monday to renew their vehicle registration with the Pass and Registration section. After Monday, vehicle owners with expired decals will have to obtain a visitor's pass from the Base Visitor's Center. Current driver's license, state registration form and proof of insurance are required for each vehicle to be updated. Pass and Registration is open from 7:30 a.m. to 4:30 p.m. Monday - Friday and is located in Bldg. 662, Rm 220. For more information, call 283-4191.

**RAO position open**

The Retiree Activities Office has a director position open. The RAO director writes for the base paper, puts a newsletter together and attends retiree council conferences. To apply, call 283-2737 from 9 a.m. to noon Monday - Friday.

**Air Force Reserve opportunities**

The Air Force is accepting applications for the Palace Chase Force Shaping program. Members who are thinking about leaving active duty early can transfer their commitment into the Air Force Reserve without having to payback bonuses, and while maintaining many of the same benefits. There are Air Force Reserve opportunities available in many locations in the United States and overseas. The member chooses the location. Re-training into a different career field is also an option. For more information please contact Master Sgt. Randi Baum at 283-8384 or visit the Military Personnel Flight located in Bldg. 662, Rm 222.

**Wood Manor housing project**

This month, the 325th Civil Engineer Squadron will begin replacing existing water mains in the Wood Manor Housing area.

**The initiation ...**

**Lt. Col. James Hecker, 27th Fighter Squadron commander, gets hosed down by Lt. Col. David Krumm, 43rd Fighter Squadron F/A-22 director of operations, while Capt. David Lopez, 43rd FS F/A-22 instructor pilot/chief of plans, and Capt. Shawn Anger, 43rd FS F/A-22 instructor pilot, look on. Colonel Hecker is here training with his squadron from Langley AFB, Va. The 27th FS will eventually become the first operational Raptor Squadron.**



Steve Wallace

A letter identifying the times of periodic water outages will be placed on resident's doors prior to any known impact. This project will tentatively complete all utility replacement in Wood Manor Housing. For more information, call Huey Moore at 283-4206.

**Alabama Air National Guard part time vacancies**

For those planning Palace Chase, Palace Front, separating from active duty, or who would like to continue receiving most active duty benefits and have a great part-time job, can seek the Alabama Air National Guard units in Montgomery. For more information, contact Master Sgt. Vonsetta Roberts at DSN 358-9191, (800) 368-4481 or e-mail at vonsetta.roberts@almont.ang.af.mil. Contact Staff Sgt. David Coram at DSN 358-9190, commercial 334-394-7190 or email at david.coram@almont.ang.mil.

**OSC News**

The Officers' Spouses Club January Youth and Family Activity Day will be 10 a.m. to noon Jan. 14 at The Skate Factory. It will be a morning of "Skate and Scoot." The roller rink will be open for young children to scoot around on riding or push toys they bring from home, provided it is no larger than a tricycle. The rink also provides a limited amount of toys for use. Skates will be available. Children's admission will be covered by OSC and adults are free. Each child will receive a free cookie and drink and the snack bar will be open for parents to purchase any additional items. The Skate Fac-

tory is located at 333 W. 14th Street. RSVP by Wednesday to 248-0858.

**GCCC registration**

Wednesday will be the last day to register for classes at Gulf Coast Community College at the Tyndall Education Center. For more information, call 283-4332.

**Commissary Closures:**

Jan. 17 (Martin Luther King's Birthday)  
Feb. 21 (Presidents Day)

**Tyndall Varsity Basketball**

The Tyndall Tigers men's and women's varsity basketball teams return to the hardwood this weekend to host the Eagles of Eglin AFB. Game times are as follows:

Saturday: women - 2 p.m., men - 4 p.m.  
Sunday: women - 11 a.m. and men - 1 p.m.

For more information, contact the Fitness Center at 283-2631.

**Annual Beach Cleanup**

The Annual Tyndall Beach Cleanup will be from 8-11 a.m. Jan. 15. Volunteers should meet at the beach pavilion. For more information, contact ChiQuita George at 283-4498. Beverages and T-shirts will be provided.

**Classifieds****In home child care**

Off-base in-home childcare with reasonable rates. Military family will take up to two children from same family. For more information, call Christine at 215-5552.

**Shed**

8' x 10' Metal Shed  
\$50.00; you haul  
Wood Manor Housing

For more information, call Brad or Cara at 286-5245.

**1992 Lexus SC400**

Runs great, has new tires, needs work. Call 648-5612 to make an offer.

**House hold items**

Dark brown suede material. Brand new, perfect condition. Will sell for \$700 or best offer. **2002 Ford Mustang for sale.** Dark blue, tan interior. Automatic, 6 cylinder. 25,000 miles, still under factory warranty. Great condition. 6 disc CD, automatic driver seat and windows. Cruise control. Must sell. For more information, call 624-0786 or 624-7647.

**Chapel Schedule****Catholic services**

Daily Mass, 11:30 a.m. Monday-Friday (Chapel 2)  
Reconciliation (before Saturday Mass or by appointment)  
Saturday Mass, 5 p.m. (Chapel 2)  
Sunday Mass, 9:30 a.m. (Chapel 2)  
Religious Education, 11 a.m. (Bldg. 1476)

**Protestant Sunday services**

Communion service, 9:30 a.m. (Chapel 1)  
Religious Education classes, 9:30-10:30 (Bldg. 1476)  
General Protestant service, 11 a.m. (Chapel 2)  
Sunday Night Live Service, 6 p.m. (Chapel 1)



# Lieutenant gets Tyndall running club back in shape

STEVE RIDDLE

325th Services Squadron publicist

The Tyndall Running Club will get back in stride Monday and may have a team represent the base at the 2005 Air Force Marathon.

A meeting will be in the Health and Wellness Center at 4 p.m. and is open to all Tyndall personnel who enjoy running or are interested in the sport.

"At our first meeting, we want to talk with everyone and determine when would be the best times for us to get together and train," said 2nd Lt. Erin Fager, Tyndall Fitness Center officer in charge. "I also have a list of all the local road races for 2005, and we'll discuss which races we would like to run in."

Lieutenant Fager, an avid jogger who earned an athletic scholarship in running at the University of Western Florida in Pensacola, said the club will also be discussing plans to hold some of its own events this year.

"We would like to help organize some 5K's and a half-marathon here on base," she explained. "During May, when the Fitness Center hosts its 'May is Fitness Month' events, we hope to really help the Services Squadron host their annual Fitness Month running events."

Fager said revitalizing the running club was the thing to do when she heard that some base personnel wanted to have a team represent Tyndall at the 2005

Air Force Marathon Sept. 18 at Wright-Patterson Air Force Base, Ohio. Many former club members, including most of last year's base team, are no longer stationed at Tyndall.

"A lot of the people who were in the club have either changed station or are deployed," she said. "So we want to get it started again, and run in at least one marathon before September."

Lieutenant Fager, who earned her bachelor's degree in kinesiology/exercise science, was quick to point out that the club is not just about competing in long distance races.

"Running is a good way to stay in shape, and the club will be a great way to meet people who like to run, and to find a running buddy," she said. "Having a person to run with helps you to pace yourself and makes the run more enjoyable. It's always better to run with someone else, or even run with a team of people."

Although a few people have already shown interest, Lieutenant Fager said she would like to see the club grow.

"Right now we probably have five people who are interested in it," she stated. "I would love to have at least 20"

For more information on the Tyndall Running Club, contact Lieutenant Fager at 283-2631 or Tech Sgt. Lance Souther at 283-3819.



Steve Riddle

**Second Lieutenant Erin Fager jogs on the running track at the Tyndall Fitness Center Dec. 28. Lieutenant Fager is helping to bring back the Tyndall Running Club, and hopes to have team members compete in this year's Air Force Marathon at Wright-Patterson Air Force Base, Ohio, Sept. 18.**



Steve Riddle

## A new location ...

Nancy Matthews, Leisure Travel director, works at her new location in the Community Center, formerly known as the CAC. Both Information Tickets and Travel and Leisure Travel have moved from Bonita Bay to the CC. "Now these facilities will be in a more central location, one that has a large amount of breakfast, lunch, and midday traffic," explained Jean Cole, CC director. "This will be an ideal location to serve a lot of customers."

The ITT hours of operation will be the same as the Community Center: 7:30 a.m. to 9 p.m. Tuesday – Friday and 11 a.m. to 6 p.m. Saturday. The Leisure Travel Office will be open 11 a.m. to 3 p.m. Monday – Friday.

## Commercial sponsorship program pays

LAUREL GINSBERG

AETC Services Marketing director

**RANDOLPH AIR FORCE BASE, Texas (AETCNS)** — Air Education and Training Command continues to lead the Air Force in using commercial sponsorship to enhance its morale and welfare programs.

In 2004, AETC completed more than 500 commercial sponsorship agreements with businesses located near AETC installations, and the AETC Commercial Sponsorship office here secured more than \$350,000 in commercial support forwarded to the bases in the command.

The commercial sponsorship program allows the command or the installation to offer varied and improved morale and welfare programs to Airmen and their families, said John Franklin, AETC's commercial sponsorship manager.

Sponsors can support golf and bowling tournaments, fitness events,

youth programs, summer reading programs, arts and crafts contests, and military club programs. Air shows and open houses offer visibility to crowds of more than 250,000 military and civilian members.

In exchange for financial, product or service support to base events, the businesses receive promotional exposure on military bases, said Mr. Franklin. Event sponsorship allows promotional opportunities in the military community not available to non-sponsors.

"It is a win-win situation," he said. "Businesses like doing sponsorships on our bases because many of our students are just starting their careers and have their first full-time job. They are eager consumers."

At Tyndall Air Force Base, the commercial sponsorship program works to improve the events and programs offered by the 325th Services Squadron.

"The commercial sponsorship

program allows the Services Squadron to offer a better program to the local community," said Joni Geels, commercial sponsorship coordinator for the 325th Services Squadron. "It can help any sized event, from a small event for our local base population to our larger events that are open to the public. For example, the support we receive from sponsors allows the squadron to bring in activities and entertainment during our annual air show, which makes it a more complete family event."

The military has strict rules governing the display of advertising, product exhibits and sales literature. Although sponsors are allowed additional visibility, participation does not constitute an endorsement by the federal government.

In exchange for sponsorship, sponsors have their name and logo displayed on banners, posters, and flyers announcing the event. Their sponsorship may also be mentioned in articles before and after the event.





# Funshine NEWS



January 7, 2005

www.325thservices.com

## Youth Center

☎ 283-4366

### Gymnastics Instructor Wanted

The Youth Center is looking to expand our Instructional Programs by incorporating Gymnastics and Tumbling classes for all ages. We are looking for a Gymnastics Instructor to start classes as soon as possible. If you are interested and have the necessary qualifications contact Andy at 283-4366.

## Get ready to... Skate Like a Pro

Sign up for Freestyle/Flatland Skateboarding. Learn basic to advanced tricks taught by former World Freestyle Amateur Champion and current touring professional John Leathers. Classes are open to ages 7 and up and the cost is \$20 per session or \$75 for 4 sessions. Classes are held at the Youth Center gym and will include special skate trips with Team "TNT" and special guest skaters. Program dates and times are as follows:

Jan. 29: 3-5 p.m.  
Feb. 12: 3-5 p.m.  
Feb. 26: Skatepark Trip  
Mar. 12: 10-12 p.m.  
Mar. 26: 10-12 p.m.

Call Andy at 283-4366  
for more information.



**FREESTYLE**

## Outdoor Recreation

☎ 283-3199

### Winter Boat Rental Special

During our winter season patrons may rent any boat for half or full day at half price. Please note fuel costs are not discounted.

## Youth Center Homeschool Fitness Program

**Golf February 1, 8, 15 & 22**

10 a.m. for ages 6-7 and 11 a.m. for ages 8 and up.  
Cost \$30 per participant. Get the Family Member Special sign up two for \$50  
Call 4366 for more information.

ATTENTION!

## Information Tickets, and Travel

Is moving to the  
Community Center  
as of January 4.

Tickets are available  
Tue.-Fri.: 8 a.m.-5 p.m.  
Sat.: 11 a.m.-5 p.m.

ITT Can Supply You With:

**Discount Movie Tickets  
Regional Theme Park Tickets  
for more information call:  
2853-2499**

**Travel Agent on Duty:**  
Mon.-Fri.: 11 a.m.-3 p.m.

The agent can provide  
information and book  
Airline Flights, Cruises &  
Lodging  
**Call 283-2864**

## Community Center

☎ 283-2495

### New Cardio Center

Bldg. 912 (Old Teen Center), Pilates Classes: 5:15-6:15 p.m. Tues. & Thurs., 12-1 p.m. Wed & Thurs., Yoga Classes 5-6 p.m. Mon. & Weds., Pilates Classes Cost: 10 Class punch card \$30 or \$6 per class. Yoga Classes Cost: 10 Classes punch card \$35 or \$6 per class, punch cards available at the CAC Bldg. 1027. Call 283-2495 for more info.

## Outdoor Recreation

☎ 283-3199

### February 6-9 Swim with the Manatees

Cost per person \$245. Journey to Crystal River, winter home of over 300 gentle giants. Experience the underwater sanctuary of a life form fast becoming extinct. Cost includes 3 night's accommodations, transportation, 2-day boat rental, Bonita Bay wet suit (limited sizes), mask/snorkel fin combo, dry bag, admission to Homosassa Springs State Wildlife Park and the Tampa State Fair admission. A \$50 nonrefundable deposit will guarantee your space. Trip must be paid in full 7 days prior to departure. A mandatory pre-trip meeting will be scheduled.

## Tyndall's Famous Gulf Coast Shrimp Fest

**All Ranks at the O' Club**  
Friday Jan. 7, 5:30 to 8:30 p.m.  
Market Price: \$18.95  
Children ages 6-11: \$9.95  
5 & Under: \$4.95  
**Members \$3 discount: 283-4357**

325th Services Squadron is

## Entering the ICE AGE

I.nteractive Customer E valuation

### Who?

Anyone with a great suggestion or comment on the service they just received.

### What?

A web-based customer feedback system that sends an automatic email to the service provider manager

### When?

At your convenience (within 90 days of service), you have a great idea, or just to say "Thank You!"  
Look for ICE at: <http://ice.disa.mil>



All Ranks at the Enlisted Club

## Dinner and A Movie

Thurs., Jan. 13

## Paparazzi

**Mexican Buffet 5-7 p.m.  
Movie 7 p.m.**

Buffet style dinner: \$6.95  
Member price: \$5.95  
Non-Member Children: \$3.95  
Children age 7 and under eat free.

Youth under age 16 must be accompanied by an adult.

Movies subject to availability.

**283-4357**

Sports Page Pizza Pub at the CAC

## Karaoke

Jan: 12 & 26

**Open Mic Night**  
Are you a singer, musician, comedian or poet?

Come out and join us!

**Jan. 19, 5 to 9 p.m.**

1/2 off all Appetizers  
\$1.00 Beverage Specials

**Call at 283-3222  
or 283-2495  
for more information**



## Football Frenzy at the Pizza Pub

**Bldg. 1027 on Louisiana Ave.**

Prizes include: an XBOX system, T-shirts, coolers and hats for Club Members!

**For more information  
283-3222 / 283-2814**

Every Sun. 11 a.m.-11 p.m. and Mon. until 11 p.m. is your chance to win trips to the Pro Bowl and even the Super Bowl!



No federal endorsement of sponsors intended.

## Breakfast at the Community Center Snackbar

**Only \$3.00 - 6:30-10 a.m.**

2 eggs prepared any way, hashbrown or grits, your choice of sausage, bacon or ham, white or wheat toast.

**Call in your to go order: 283-2814**





